

Accessing Assessment Tests

1. Select the **Topics** Tab.

The screenshot shows the website's navigation bar with 'Home', 'Topics', and 'Resources' tabs. The 'Topics' tab is selected. Below the navigation bar, there is a search bar and a 'Topics' section. The 'Zeroing-In Process™ (ZIP)' section is displayed, with a red box highlighting the 'Subtopics' link. A red arrow points from the 'Subtopics' link to the 'Preparation Phase' link below it.

2. Move down to **Subtopics** and choose the *Preparation Phase* link. (See above.)

3. On the **Preparation Phase** page, select the *Assessment* link.

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4. On the right side of the **Assessments** page, under **Career Tools**, select the Assessment you wish to take.

The screenshot shows a website interface with a navigation bar at the top containing 'Home', 'Topics', and 'Resources'. Below this is a 'Topics' section with a search bar and a list of sub-topics on the left. The main content area is titled 'Assessments' and contains a definition of assessment, a list of steps to begin building a foundation, and a section for 'Complete assessment exercises'. On the right side, there are two widgets: 'Zip Navigation' and 'Career Tools'. The 'Career Tools' widget lists three options: 'Birkman First Look@', 'Self Awareness Activity', and 'Career Assessment Event'. A red arrow points to the 'Birkman First Look@' link.

Home Topics Resources

Topics

Zeroing-In Process

Assessments

- Effective Job Search
- Build Your Network
- Improve Interviews
- Evaluating Offers
- Stress & Transition
- After You Land
- Changing Careers

Resume

Job Search Correspondence

Search Strategy & Networking

Online Networking

Interviewing

Negotiating

Enrichments

Topics

Assessments

Assessment is a process of completing formal and informal activities to take stock of who you are and what you want in your career. Completing assessment activities is an important first step in your career transition as it sets the foundation for defining your next career move and marketing yourself to achieve your goals.

The following steps can help you begin building this important foundation:

- Complete assessment exercises** – In the **Career Tools** gadget located on this page, you will find actual assessment activities you can complete to start taking stock of your interests, strengths, values, and work style.
- Learn how to apply assessment to your transition** – Read the subtopics of **Assessments** (found in the index at left or the Subtopics listings below) to understand how your unique qualities influence the way you go about conducting your career transition and search.

Here's more information on each of those steps:

Complete assessment exercises

The **Self Awareness Career Tool** provides an organized method to help you identify your aspirations, values, motivators, interests

Zip Navigation

To navigate, simply click on the appropriate section of the diagram

Career Tools

- [Birkman First Look@](#)
Unique talents, interests, and soft skills heavily...
- [Self Awareness Activity](#)
Don't just ease into another job. Design the next ...
- [Career Assessment Event](#)
Understand and apply your Birkman First Look@ Repo...